



## *Ride Safe: Child Restraint Recommendations*

Premature/ low birth weight infants	Premature/ low birth weight infants	Infant car bed
Birth to 1 year	Birth to 20 pounds (note: some restraints can be used rear-facing up to 30 pounds or more)	Rear-Facing infant restraint
1 to 4 years	20 to 40 pounds; 26 to 40 inches tall	Forward-facing child restraint
4 to 8 years	40-80 pounds	Booster seat



*Information compiled by:*

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# Car Safety and your Children



## ***What Can happen to your children if left alone in a car:***

- ✎ Hyperthermia (body temperature rises too high)
- ✎ Hypothermia (body temperature falls too low)
- ✎ Setting the vehicle into motion
- ✎ Strangulation or other injury from seatbelts, power windows, moon roof, or other power accessories
- ✎ Kidnapping
- ✎ Entrapment in truck or locked inside vehicle, unable to get out
- ✎ Carbon monoxide poisoning
- ✎ Child leaving the vehicle to look for you

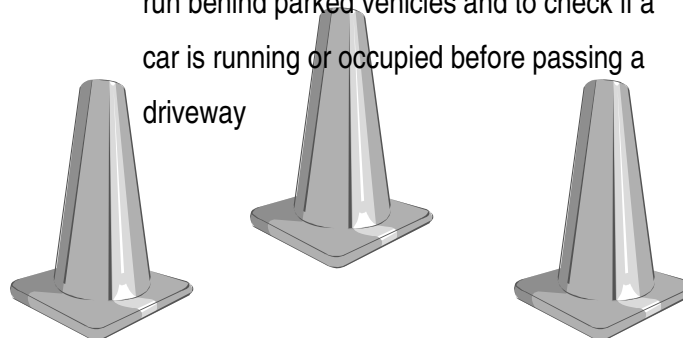
## ***Always keep cars locked and keys out of the reach of children:***

- ✎ Teach children not to play in vehicles and, if a friend is playing in a vehicle, to tell an adult
- ✎ Teach children how to get out of a vehicle and trunk - contact your auto manufacturer to get a trunk release installed

## ***Be Aware of children around a vehicle before backing up:***

Many children are injured and/or die after being hit by a car when the driver is unaware and unable to see the child is there....

- ✎ Be aware of "Bye-Bye Syndrome"; when friends or relatives are leaving your home it is easy to be distracted with goodbye's. Make sure when anyone is leaving your home that you are holding small children, and older children are standing with you to avoid driveway accidents
- ✎ Before getting into your car check to see where any children are - and make sure none have followed you out of the house unknowingly
- ✎ If children are outside, be sure you can see them at all times and that they are a safe distance away
- ✎ Educate children to never play behind or run behind parked vehicles and to check if a car is running or occupied before passing a driveway



## ***Quick Tips to keep your children safe around a car:***

- ✎ Never leave a child unattended in a vehicle
- ✎ Teach children that a car is not a toy
- ✎ Never allow children to play in or around a vehicle
- ✎ Lock your car at all times, even in a garage
- ✎ Keep keys out of children's reach
- ✎ Teach your child how to get out of a vehicle
- ✎ Install a trunk release in your vehicle
- ✎ Teach children to never run or play around moving vehicles
- ✎ Teach children to look before running into/ across a driveway
- ✎ When getting into a vehicle, check to insure that no children are in danger
- ✎ Check carefully before moving your vehicle, being aware of blind spots.
- ✎ Purchase or make a sign warning motorists that you have children playing in the driveway

